

**PSYCHOTHERAPY FOR ALL IN NEED,
THE CASABLANCA PROCLAMATION**

The World Psychiatric Association



The World Association for Social Psychiatry



The World Federation for Mental Health (logo)



The World Federation for Psychotherapy



A- PREAMBLE:

- 1- Convinced that there is no Health without Mental Health;
- 2- Having acquired solid scientific evidence showing that the prevalence of mental disorders is high in all countries and particularly in those with low and middle income;
- 3- Deeply concerned by the fact that a vast majority of people with mental disorders do not receive appropriate treatment and care;
- 4- Having demonstrated that knowledge of psychotherapy is an essential part of any effective treatment of mental disorders and that it is insufficiently used worldwide and particularly in rural areas.

B- PROCLAMATION:

We proclaim that:

- 1- The promotion of mental health and the care for people with mental illness must be given high priority in national plans concerning health and education;
- 2- The principles and elementary techniques of psychotherapy must be taught to all health professionals;
- 3- National and regional plans concerning health should include prescriptions for the use of psychotherapy, its principles and techniques, at all levels of health care.

C- SIGNATORIES (Casablanca, Morocco, 9 February 2023)

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