PSYCHOTHERAPY FOR ALL IN NEED,
THE CASABLANCA PROCLAMATION

The World Psychiatric Association

The World Association for Social Psychiatry

The World Federation for Mental Health (logo)

The World Federation for Psychotherapy
A- PREAMBLE:
1- Convinced that there is no Health without Mental Health;
2- Having acquired solid scientific evidence showing that the prevalence of mental disorders is high in all countries and particularly in those with low and middle income;
3- Deeply concerned by the fact that a vast majority of people with mental disorders do not receive appropriate treatment and care;
4- Having demonstrated that knowledge of psychotherapy is an essential part of any effective treatment of mental disorders and that it is insufficiently used worldwide and particularly in rural areas.

B- PROCLAMATION:
We proclaim that:
1- The promotion of mental health and the care for people with mental illness must be given high priority in national plans concerning health and education;
2- The principles and elementary techniques of psychotherapy must be taught to all health professionals;
3- National and regional plans concerning health should include prescriptions for the use of psychotherapy, its principles and techniques, at all levels of health care.

C- SIGNATORIES (Casablanca, Morocco, 9 February 2023)

World Psychiatric Association President,
Afzal Javed, M.D.

World Association for Social Psychiatry President,
Vincenzo Di Nicola, M.D, Ph.D.

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